

WORKPLACE DIVERSITY AND SENSITIVITY TRAINING

Cape Town - South Africa
17 - Aug 2026 - 21 - Aug 2026
\$5,500



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TRAINING CENTER



Introduction

In today's increasingly globalized workplace, fostering a diverse and inclusive environment is no longer optional, but essential for success. A diverse workforce brings a wealth of perspectives, experiences, and talents to the table, leading to greater innovation, creativity, and problem-solving abilities. This intensive five-day program, offered by Gentex Training Center, equips participants with the knowledge and skills needed to navigate the complexities of a diverse workplace with sensitivity and respect. Through interactive workshops, discussions, and real-world scenarios, participants gain the ability to recognize and challenge biases, promote inclusive communication, and contribute to a more positive and productive work environment for everyone.

Workplace Diversity and Sensitivity Training Course Objectives:

- Master the core principles of workplace diversity and inclusion (D&I).
- Gain a comprehensive understanding of the benefits and challenges of a diverse workforce.
- Develop proficiency in recognizing and challenging unconscious bias in the workplace.
- Explore effective communication strategies for fostering inclusivity and mutual respect.
- Master the art of appreciating cultural differences and building trust within diverse teams.
- Understand the legal implications of discrimination and harassment in the workplace.
- Analyze real-world case studies to apply D&I principles in practical business scenarios.
- Formulate a personalized action plan to promote a more inclusive work environment within your role.



Course Methodology

This interactive program utilizes a participant-centric approach. It blends lectures from D&I experts, interactive workshops, real-world case studies, group discussions, role-playing exercises, and self-reflection activities. Participants actively engage in discussions about diversity, unconscious bias, and inclusive communication. Through role-playing scenarios, they practice applying D&I principles in everyday workplace interactions. This experiential learning fosters a deeper understanding and equips participants with the practical skills needed to become champions of diversity and inclusion within their organizations.

Who Should Take This Course

- Managers, supervisors, and team leaders seeking to build more inclusive and productive teams.
- Human Resource professionals responsible for developing and implementing D&I initiatives.
- Employees at all levels interested in fostering a more respectful and understanding workplace culture.
- Anyone interested in gaining the knowledge and skills to contribute to a diverse and thriving work environment.

Workplace Diversity and Sensitivity Training Course Outline:

Day 1: The Power of Diversity: Understanding the Benefits and Challenges

- Unveiling the Importance of Diversity and Inclusion (D&I) in Today's Workplace

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- Exploring the Business Benefits of a Diverse Workforce: Innovation, Creativity, and Problem-Solving
- Recognizing the Challenges Associated with Workplace Diversity: Unconscious Bias and Microaggressions

Day 2: Understanding Unconscious Bias: Recognizing Our Blind Spots

- Mastering the Concept of Unconscious Bias and Its Impact on Decision-Making
- Exploring Different Forms of Unconscious Bias: Affinity Bias, Confirmation Bias, and Stereotyping
- Developing Strategies to Mitigate Unconscious Bias in the Workplace

Day 3: Building Inclusive Communication: Fostering Understanding and Respect

- Exploring Effective Communication Strategies for Inclusive Workplaces
- Mastering the Art of Active Listening and Understanding Different Communication Styles
- Practicing Inclusive Language that Respects Diversity and Avoids Stereotypes

Day 4: Appreciating Cultural Differences: Building Trust and Collaboration

- Understanding the Importance of Cultural Competency in a Diverse Workplace
- Exploring Different Cultural Values, Beliefs, and Communication Styles
- Developing Strategies to Build Trust and Collaboration Within Diverse Teams





Day 5: Building a More Inclusive Workplace: Action Planning and Implementation

- Understanding Legal Implications of Discrimination and Harassment in the Workplace
- Formulating a Personalized Action Plan to Promote D&I Within Your Role
- Analyzing Real-World Case Studies to Apply D&I Principles in Practical Business Scenarios
- Discussing Best Practices and Strategies for Creating a Sustainable Culture of Inclusion

Conclusion

By successfully completing this comprehensive program offered by Gentex Training Center, participants gain the knowledge and practical skills needed to become advocates for diversity and inclusion. They will be equipped to recognize and challenge bias, communicate effectively, and foster a respectful and inclusive work environment where everyone feels valued and empowered to contribute their best. This enhanced knowledge empowers them to become agents of positive change within their organizations, ultimately leading to a more productive and successful workplace for all.