

# **SPEAKING AND PRESENTATION SKILLS TRAINING**

Stockholm - Sweden  
20 - Apr 2026 - 24 - Apr 2026  
\$6,000



**GENTEX**<sup>®</sup>  
TRAINING CENTER

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## Introduction

The ability to deliver captivating presentations and speak with confidence is an invaluable asset in today's professional landscape. This intensive five-day program, offered by Gentex Training Center, equips participants with the knowledge and skills to become effective communicators and impactful presenters. Through a comprehensive exploration of public speaking techniques, audience engagement strategies, and presentation design principles, participants gain the ability to captivate audiences, deliver clear and concise messages, and leave a lasting impression.

## Speaking and Presentation Skills Training Course Objectives:

- Master core principles of effective public speaking and presentation delivery.
- Conquer stage fright and develop techniques to project confidence and poise.
- Craft compelling presentations with clear structures, engaging narratives, and persuasive arguments.
- Utilize storytelling techniques to connect with audiences on an emotional level.
- Employ effective vocal delivery methods, including proper breathing, articulation, and vocal variation.
- Design visually appealing and informative presentation slides that enhance understanding.
- Master the art of using visual aids effectively to support key points and engage audiences.
- Develop strong audience engagement skills, including managing questions and fostering interaction.
- Employ effective body language and nonverbal communication techniques to project confidence and credibility.
- Navigate challenging presentation situations, such as handling technical difficulties or difficult questions.



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- Practice presentations in a supportive environment and receive constructive feedback for continuous improvement.
- Analyze case studies and industry best practices for impactful presentations in various professional settings.
- Formulate a personalized action plan to refine your speaking and presentation skills and become a more confident communicator.

## Course Methodology

This interactive program utilizes a participant-centric approach. It blends lectures from public speaking and presentation skills experts, real-world case studies, group discussions, and practical exercises. Participants actively engage in self-assessment activities, storytelling workshops, presentation design workshops, and video-recorded practice presentations with constructive feedback sessions. Through experiential learning, participants gain the confidence and practical skills needed to deliver impactful presentations that resonate with their audience and achieve their communication goals.

## Who Should Take This Course

- Professionals seeking to enhance their public speaking and presentation skills.
- Business leaders, managers, and supervisors who regularly deliver presentations to teams or clients.
- Sales professionals looking to make a strong impression during pitches and proposals.
- Educators, trainers, and consultants aiming to deliver engaging and informative presentations.
- Anyone aspiring to become a more confident and impactful communicator in any professional setting.





## Speaking and Presentation Skills Training Course Outline:

### Day 1: Building Confidence: Overcoming Nervousness and Projecting Presence

- Understanding the Psychology of Public Speaking and Techniques to Conquer Stage Fright
- Developing Vocal Techniques for Effective Delivery (Breathing, Articulation, Pacing)
- Cultivating Confident Body Language and Stage Presence

### Day 2: Crafting Compelling Content: Structure, Storytelling, and Persuasion

- Building a Strong Presentation Structure: Introductions, Body, Conclusions, and Transitions
- Utilizing Storytelling Techniques to Captivate Audiences and Enhance Message Retention
- Employing Persuasive Techniques to Deliver Clear Calls to Action

### Day 3: Visual Storytelling: Designing Effective Slides and Using Visual Aids

- Principles of Effective Presentation Design: Layout, Color Theory, and Visual Hierarchy
- Utilizing Data Visualization Techniques and Crafting Compelling Infographics
- Employing Visual Aids Effectively to Support Content and Enhance Audience Engagement

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## Day 4: Mastering Delivery: Vocal Variety, Nonverbal Communication, and Audience Interaction

- Practicing Effective Vocal Delivery Techniques for Audience Impact (Volume, Pace, Pitch)
- Understanding the Power of Nonverbal Communication and Utilizing Body Language Strategically
- Developing Audience Engagement Skills: Managing Q&A Sessions and Fostering Interaction

## Day 5: Practice Makes Perfect: Refining Skills and Formulating an Action Plan

- Delivering Practice Presentations with Video Recording and Constructive Feedback
- Analyzing Case Studies and Industry Best Practices for Successful Presentations
- Formulating a Personalized Action Plan to Implement Presentation Skills and Become a More Confident Communicator

## Conclusion

By successfully completing this comprehensive program offered by Gentex Training Center, participants will gain the knowledge and practical skills needed to become confident and impactful presenters. They will be equipped to craft compelling presentations, deliver messages with clarity and persuasion, and effectively engage their audiences. This enhanced knowledge empowers them to communicate effectively in any professional setting, ensuring their message resonates and achieves desired outcomes.

