

MASTERING NEGOTIATION

Stockholm - Sweden

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\$6,000

GENTEX®
TRAINING CENTER



Introduction

Negotiation is a fundamental skill for success in any professional setting. Whether securing a lucrative contract, resolving a conflict with a colleague, or even discussing a raise, the ability to negotiate effectively can significantly impact your professional life. This intensive five-day program, offered by Gentex Training Center, equips participants with the knowledge and practical tools to become confident and skilled negotiators. Through interactive workshops, simulations, and real-world case studies, you'll gain a deeper understanding of negotiation strategies, tactics, and communication techniques, allowing you to achieve mutually beneficial outcomes in various scenarios.

Mastering Negotiation Course Objectives:

- Master the core principles of effective negotiation and different negotiation styles.
- Develop a strong understanding of the stages of a negotiation process and how to navigate them strategically.
- Learn techniques for conducting thorough research, preparing effectively, and setting clear negotiation objectives.
- Master skills for active listening, building rapport, and fostering a collaborative negotiation environment.
- Develop strategies for effectively presenting your case, identifying win-win solutions, and overcoming objections.
- Explore techniques for using nonverbal communication effectively to strengthen your negotiating position.
- Learn how to manage emotions, navigate difficult conversations, and reach agreements with confidence.
- Analyze real-world case studies to learn from successful negotiation strategies employed by experts.

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- Formulate a personalized action plan to implement negotiation skills effectively in your daily work environment.

Course Methodology

This interactive program utilizes a participant-centered approach. It blends lectures from negotiation experts with engaging workshops, role-playing simulations, real-world case studies, group discussions, and peer-to-peer learning opportunities. Participants actively engage in negotiation simulations, practicing different strategies, receiving constructive feedback, and refining their negotiation techniques. Through experiential learning, participants gain the practical tools and theoretical knowledge needed to become confident and effective negotiators, achieving success in various negotiation scenarios.

Who Should Take This Course

- Professionals seeking to enhance their negotiation skills and confidently navigate any negotiation situation.
- Individuals interested in learning strategies for building rapport, active listening, and fostering collaboration during negotiations.
- Anyone seeking to improve their communication skills to present proposals effectively and secure favorable outcomes.
- Those interested in developing a strategic approach to negotiation, from preparation to closing the deal.

Mastering Negotiation Course Outline:

Day 1: The Negotiation Mindset: Understanding the Fundamentals

- Unveiling the Importance of Effective Negotiation and Different Negotiation Styles



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- Exploring the Stages of a Negotiation Process: Preparation, Discussion, Bargaining, Agreement, and Follow-Up
- Developing a Strategic Approach to Negotiation, Setting Clear Objectives, and Understanding Your BATNA (Best Alternative To a Negotiated Agreement)

Day 2: Building Rapport and Communication Strategies

- Mastering Techniques for Active Listening, Building Rapport, and Fostering a Collaborative Environment
- Developing Skills for Effective Communication, Presenting Proposals Clearly, and Framing Your Arguments Persuasively
- Learning Techniques for Using Nonverbal Communication Effectively to Strengthen Your Negotiation Position

Day 3: The Art of Bargaining: Strategies for Win-Win Solutions

- Exploring Different Negotiation Tactics and Strategies for Effective Bargaining
- Mastering Techniques for Identifying Common Ground, Uncovering Underlying Interests, and Finding Creative Solutions
- Developing Skills for Overcoming Objections, Dealing with Difficult Negotiators, and Walking Away Gracefully When Needed

Day 4: Reading the Room: Understanding Nonverbal Communication and Emotional Intelligence in Negotiation

- Exploring the Impact of Nonverbal Cues in Negotiation and Reading Body Language Effectively



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- Developing Skills for Managing Your Emotions, Maintaining Composure Under Pressure, and Handling Conflict Constructively
- Learning Techniques for Building Trust and Maintaining Ethical Practices Throughout the Negotiation Process

Day 5: Putting It All Together: Negotiating with Confidence

- Developing a Personalized Action Plan to Integrate Negotiation Skills into Your Daily Work Environment
- Exploring Strategies for Preparing for Different Negotiation Scenarios and Adapting Your Approach
- Reflecting on Learning and Identifying Opportunities for Continued Growth as a Skilled and Confident Negotiator

Conclusion

By successfully completing this comprehensive program offered by Gentex Training Center, participants gain the knowledge and practical skills needed to become confident and effective negotiators. They will be equipped to navigate any negotiation situation strategically, build strong relationships, and achieve mutually beneficial outcomes, propelling them towards greater success in their professional endeavors.

