

LEARNING AGILITY



GENTEX[®]

TRAINING CENTER



Introduction

The Learning Agility Training Course helps professionals develop the mindset and skills needed to adapt quickly in changing work environments. Organizations increasingly value employees who can learn from new experiences, apply fresh knowledge, and navigate uncertainty with confidence. This course introduces core concepts such as the 9 Learning Agility Dimensions, growth mindset principles, and the Experiential Learning Cycle, giving participants practical tools to build adaptability and continuous improvement habits. Furthermore, the course explores how self-awareness and reflective practice strengthen decision-making under pressure. As a result, participants leave equipped to handle change, solve unfamiliar problems, and support their organization's long-term agility and innovation.

Learning Agility Course Objectives

- Understand the core dimensions of learning agility
- Apply Kolb's Experiential Learning Cycle to real situations
- Develop a growth mindset using Carol Dweck's framework
- Build self-awareness through structured reflection practices
- Strengthen mental agility for solving unfamiliar problems
- Apply people agility to collaborate across diverse teams
- Use change agility techniques to adapt to shifting priorities
- Build results agility through goal-focused execution
- Practice feedback-seeking behaviors to accelerate learning
- Create a personal development plan for continuous growth

Course Methodology

- Interactive self-assessment exercises on learning agility dimensions
- Real-world case studies on adaptability and change

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- Group discussions applying the Experiential Learning Cycle
- Reflective journaling exercises for self-awareness
- Role-play scenarios testing agility under pressure
- Practical action-planning templates for ongoing development

Who Should Take This Course

- Managers and team leaders facing frequent change
- HR and talent development professionals
- Employees preparing for greater responsibility
- Project leads working in dynamic environments
- Professionals seeking stronger adaptability skills
- Organizational development and change specialists

Learning Agility Course Outlines

Day 1: Understanding Learning Agility

- Definition and importance of learning agility
- Overview of the 9 Learning Agility Dimensions
- Fixed mindset versus growth mindset
- Self-assessment of personal agility levels
- Link between learning agility and career growth
- Common myths about learning agility
- Setting personal development goals

Day 2: Mental and Change Agility



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- Applying Kolb's Experiential Learning Cycle
- Building critical thinking for unfamiliar problems
- Techniques for adapting to shifting priorities
- Managing ambiguity and uncertainty
- Reframing challenges as learning opportunities
- Practicing rapid problem-solving exercises
- Reflection on mental agility scenarios

Day 3: People and Self-Awareness Agility

- Building self-awareness through reflective practice
- Understanding personal strengths and blind spots
- Collaborating effectively across diverse teams
- Practicing active listening and empathy
- Seeking and applying constructive feedback
- Building trust through transparent communication
- Group exercise on team-based agility

Day 4: Results Agility and Execution

- Setting clear, achievable performance goals
- Applying results-driven decision-making
- Managing resources under changing conditions
- Balancing speed with quality in execution
- Overcoming setbacks and building resilience
- Tracking progress using simple performance indicators
- Case study on agile execution in practice





Day 5: Building a Sustainable Agility Mindset

- Creating a personal learning agility plan
- Embedding continuous learning habits at work
- Applying agility principles to career development
- Building peer coaching and mentoring relationships
- Sustaining growth mindset over time
- Reviewing lessons from the full course
- Action planning for workplace application

Conclusion

By successfully completing the Learning Agility Training Course, participants will have acquired the mindset and tools to adapt quickly, learn from experience, and perform effectively in changing environments. They will understand the 9 Learning Agility Dimensions, apply the Experiential Learning Cycle, and use reflective practices to strengthen self-awareness. Additionally, they will be equipped to build stronger collaboration and results-driven habits. This Training Course, delivered by Gentex Training Center, prepares participants to thrive amid ongoing workplace change.

FAQs

Q1 What is the "Learning Agility" course about?

This course teaches professionals how to adapt quickly, learn from new experiences, and apply fresh knowledge in changing environments. It introduces the core dimensions of learning agility and practical techniques for building a flexible, growth-oriented mindset.



Q2 What are the key benefits of the "Learning Agility" course?

Participants gain stronger adaptability, improved problem-solving under uncertainty, and better collaboration skills. The course also helps professionals respond confidently to change, supporting career growth and long-term organizational resilience.

Q3 What skills will I gain from the "Learning Agility" course?

Participants develop skills in self-awareness, adaptive thinking, collaborative problem-solving, and results-driven execution. These skills help professionals navigate uncertainty and continuously improve their performance in dynamic work settings.

Q4 What tools, methods, or standards are covered in the "Learning Agility" course?

The course covers the 9 Learning Agility Dimensions, Kolb's Experiential Learning Cycle, Carol Dweck's growth mindset framework, reflective journaling techniques, and feedback-seeking practices, giving participants a strong foundation in agility principles.

Q5 How is the "Learning Agility" course applied in real-world practice?

Participants apply course concepts by practicing reflective self-assessment, testing adaptability in role-play scenarios, and building personal development plans. These tools transfer directly into daily work, helping professionals respond effectively to change and new challenges.