

LEARNING AGILITY: AGILE LEARNING FOR HR PROFESSIONALS



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Introduction

The Learning Agility: Agile Learning For HR Professionals Training Course prepares HR practitioners to apply agile principles to their own professional growth. Modern HR functions must respond quickly to shifting business needs, making iterative, fast-cycle learning a valuable skill. This course blends the 9 Learning Agility Dimensions with agile concepts such as sprint-based learning, rapid feedback loops, and retrospectives, helping HR professionals build knowledge in short, focused cycles rather than through slow, traditional training paths. Furthermore, participants examine how the Experiential Learning Cycle and growth mindset principles support continuous skill-building. As a result, graduates leave able to learn faster, pivot confidently, and apply agile thinking to everyday HR challenges.

Learning Agility: Agile Learning For HR Professionals Course Objectives

- Understand the 9 Learning Agility Dimensions applied to HR work
- Apply sprint-based learning cycles to professional development
- Use retrospectives to review and improve learning outcomes
- Develop a growth mindset using Carol Dweck's framework
- Apply Kolb's Experiential Learning Cycle to HR scenarios
- Build rapid feedback loops for continuous skill-building
- Strengthen mental agility for solving fast-changing HR problems
- Apply people agility to support agile, cross-functional teams
- Use change agility to adapt learning plans on short notice
- Create an agile personal development roadmap

Course Methodology

- Sprint-style learning exercises with short review cycles

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- HR-specific case studies on agile team dynamics
- Group retrospectives applying continuous improvement techniques
- Reflective journaling exercises for self-awareness
- Role-play scenarios based on real HR situations
- Practical templates for building agile development plans

Who Should Take This Course

- HR managers and generalists
- Talent management and organizational development professionals
- HR business partners supporting agile teams
- Learning and development coordinators
- HR professionals working in fast-changing environments
- HR leaders driving continuous improvement initiatives

Learning Agility: Agile Learning For HR Professionals Course Outlines

Day 1: Foundations of Agile Learning in HR

- Definition and importance of learning agility
- Overview of the 9 Learning Agility Dimensions
- Introduction to agile learning concepts
- Fixed mindset versus growth mindset in HR practice
- Self-assessment of personal agility levels
- Link between agile learning and HR career growth
- Setting personal development goals





Day 2: Sprint-Based Learning and Reflection

- Applying sprint cycles to professional development
- Using Kolb's Experiential Learning Cycle in short cycles
- Running effective learning retrospectives
- Building rapid feedback loops
- Reframing setbacks as learning opportunities
- Practicing quick problem-solving exercises
- Reflection on early sprint outcomes

Day 3: People Agility in Agile HR Teams

- Building self-awareness through reflective practice
- Understanding personal strengths and blind spots
- Supporting collaboration in cross-functional agile teams
- Practicing active listening and empathy
- Seeking and applying constructive feedback quickly
- Building trust through transparent communication
- Group exercise on agile team collaboration

Day 4: Change Agility and Results in HR

- Adapting learning plans to shifting priorities
- Applying results-driven decision-making
- Managing ambiguity during organizational change
- Balancing speed with quality in HR delivery
- Overcoming setbacks and building resilience

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- Tracking learning progress with simple indicators
- Case study on agile execution in HR practice

Day 5: Sustaining an Agile Learning Culture

- Creating a personal agile learning roadmap
- Embedding sprint-based habits within HR teams
- Applying agile learning to long-term career growth
- Building peer coaching and mentoring relationships
- Sustaining growth mindset over time
- Reviewing lessons from the full course
- Action planning for workplace application

Conclusion

By successfully completing the Learning Agility: Agile Learning For HR Professionals Training Course, participants will have acquired the mindset and tools to learn quickly, adapt through short feedback cycles, and apply agile thinking to HR work. They will understand the 9 Learning Agility Dimensions, apply sprint-based learning and retrospectives, and use reflective practices to strengthen self-awareness. Additionally, they will be equipped to support agile teams and drive continuous improvement. This Training Course, delivered by Gentex Training Center, prepares HR professionals to grow and adapt in fast-changing environments.

FAQs





Q1 What is the "Learning Agility: Agile Learning For HR Professionals" course about?

This course teaches HR practitioners how to apply agile principles, such as sprint cycles and retrospectives, to their own professional learning. It combines learning agility concepts with practical agile techniques tailored to HR functions.

Q2 What are the key benefits of the "Learning Agility: Agile Learning For HR Professionals" course?

Participants gain faster learning cycles, stronger adaptability, and improved ability to apply new knowledge quickly. The course also helps HR professionals respond confidently to organizational change through continuous, iterative growth.

Q3 What skills will I gain from the "Learning Agility: Agile Learning For HR Professionals" course?

Participants develop skills in self-awareness, adaptive thinking, collaborative problem-solving, and results-driven execution. These skills help HR professionals learn continuously and perform well in fast-paced organizational settings.

Q4 What tools, methods, or standards are covered in the "Learning Agility: Agile Learning For HR Professionals" course?

The course covers the 9 Learning Agility Dimensions, sprint-based learning cycles, retrospectives, Kolb's Experiential Learning Cycle, and Carol Dweck's growth mindset framework, applied specifically to HR practice.

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Q5 How is the "Learning Agility: Agile Learning For HR Professionals" course applied in real-world practice?

Participants apply course concepts by running personal learning sprints, conducting retrospectives, and testing adaptability in HR-based role-play scenarios. These tools transfer directly into daily HR work, supporting faster learning and stronger change response.

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