

INTERNATIONAL RELATIONS AND WORLD POLITICS



GENTEX[®]
TRAINING CENTER



Introduction

International Relations and World Politics Training Course builds the analytical skills professionals need to understand how states, institutions, and non-state actors shape global outcomes. The international system changes through negotiation, alliances, trade, security competition, and multilateral rules. This program explains the theories behind those changes and the practical instruments governments and organizations use to respond. It combines classical and contemporary approaches with current case analysis. As a result, participants learn to read geopolitical developments, assess policy options, and communicate reasoned positions. Furthermore, the course covers diplomacy, international law, economic statecraft, and regional security, so learners can connect theory to real decisions.

International Relations and World Politics Course Objectives

- Apply realism, liberalism, and constructivism to explain state behavior.
- Analyse power distribution using polarity and balance of power concepts.
- Interpret international events through levels-of-analysis frameworks.
- Evaluate the role of the United Nations and multilateral institutions.
- Assess foreign policy decisions using rational actor and bureaucratic models.
- Apply deterrence, coercion, and diplomacy concepts to security cases.
- Analyse trade, sanctions, and economic statecraft instruments.
- Interpret international law sources, treaties, and sovereignty principles.
- Use SWOT and PESTLE to assess geopolitical risk for organizations.
- Develop evidence-based policy briefs and diplomatic position papers.

Course Methodology

- Facilitated seminars built around contemporary global case studies.

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- Structured debates and negotiation simulations.
- Guided analysis of treaties, policy documents, and official statements.
- Group exercises using levels of analysis and risk frameworks.
- Role-play of diplomatic negotiations and crisis response.
- Scenario planning for regional and global developments.
- Structured peer review and analytical writing practice.

Who Should Take This Course

- Diplomats and foreign ministry staff.
- Policy analysts and government advisers.
- International organization professionals.
- Defense and security analysts.
- Journalists and media researchers covering world affairs.
- Corporate government affairs and risk managers.
- Academics and graduate students in political science.

International Relations and World Politics Course Outlines

Day 1: Theories and Foundations of International Relations

- Defining international relations and the modern state system.
- Realism, liberalism, and constructivism compared.
- Levels of analysis: individual, state, and systemic.



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- Power, polarity, and the balance of power.
- The Treaty of Westphalia and the principle of sovereignty.
- Anarchy, order, and international society.
- Case study: explaining a current crisis through competing theories.

Day 2: International Institutions and Global Governance

- The United Nations system: Security Council, General Assembly, agencies.
- Peacekeeping, peacebuilding, and collective security.
- Regional organizations: the Arab League, the EU, and the African Union.
- International law: sources, treaties, and the ICJ.
- Human rights regimes and humanitarian intervention debates.
- Non-state actors: NGOs, multinationals, and armed groups.
- Workshop: drafting a UN-style resolution.

Day 3: Diplomacy, Foreign Policy, and Negotiation

- Foreign policy analysis and the rational actor model.
- Bureaucratic politics and groupthink in decision-making.
- Track I and Track II diplomacy.
- Soft power, public diplomacy, and nation branding.
- Negotiation theory: BATNA, ZOPA, and interest-based bargaining.
- Mediation and conflict resolution practices.
- Simulation: negotiating a bilateral agreement.





Day 4: Security, Economy, and Geopolitics

- Traditional and non-traditional security threats.
- Deterrence, coercion, and alliance politics.
- Terrorism, cyber threats, and hybrid warfare.
- Globalization, trade blocs, and interdependence.
- Sanctions, export controls, and economic statecraft.
- Energy security and resource geopolitics.
- Workshop: assessing geopolitical risk with SWOT and PESTLE.

Day 5: Regional Dynamics and Applied Analysis

- Middle East dynamics and regional order.
- Great power competition and strategic rivalry.
- Emerging powers and multilateral reform debates.
- Climate change as a global political issue.
- Migration, refugees, and humanitarian politics.
- Writing policy briefs and position papers.
- Capstone: presenting a country or region policy brief.

Conclusion

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By successfully completing International Relations and World Politics Training Course, participants will have acquired the knowledge to analyse global events through established theories, evaluate foreign policy and security decisions, interpret international law and institutions, and assess geopolitical risk with structured frameworks. They will also understand how to write clear, evidence-based policy briefs and communicate reasoned positions. Gentex Training Center delivers this program through applied seminars and expert facilitation, so learners can engage confidently with world affairs.

FAQs for the International Relations and World Politics course

Q1 What is the "International Relations and World Politics" course about?

It is a training program that explains how states, institutions, and non-state actors interact in the global system. It covers theory, diplomacy, international law, security, economic statecraft, and regional dynamics.

Q2 What are the key benefits of the "International Relations and World Politics" course?

Participants gain a structured way to interpret global events, distinguish evidence from commentary, and anticipate policy responses. Organizations benefit from better geopolitical risk assessment, sharper briefings for decision-makers, and staff who can analyse international developments with confidence.





Q3 What skills will I gain from the "International Relations and World Politics" course?

Participants build international relations theory application, foreign policy and security analysis, diplomatic negotiation and conflict resolution, and geopolitical risk assessment and policy writing.

Q4 What tools, methods, or standards are covered in the "International Relations and World Politics" course?

The course covers realism, liberalism, and constructivism, levels of analysis, balance of power theory, the UN Charter framework, international law sources and the ICJ, the rational actor and bureaucratic politics models, BATNA and ZOPA negotiation concepts, deterrence theory, and SWOT and PESTLE risk tools.

Q5 How is the "International Relations and World Politics" course applied in real-world practice?

Learners apply it by preparing country and region briefings, assessing sanctions and trade measures, drafting policy papers and negotiating positions, analysing crisis scenarios, and advising decision-makers on geopolitical risk and diplomatic options.