

# CONFLICT RESOLUTION & NEGOTIATION SKILLS FOR LEADERS

Nairobi - Kenya  
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\$5,500

**GENTEX**<sup>®</sup>  
TRAINING CENTER



# LEARN BOLD. LEAD BEYOND

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## Introduction

In today's dynamic business environment, effective leaders are not just decision-makers - they are skilled navigators of conflict and adept negotiators. The ability to resolve disagreements constructively and reach mutually beneficial solutions is essential for building strong teams, driving successful collaborations, and achieving organizational goals. This intensive five-day program, offered by Gentex Training Center, equips leaders with the knowledge and practical skills needed to become conflict resolution and negotiation masters. Through interactive workshops, case studies, and role-playing simulations, participants gain the ability to de-escalate tense situations, facilitate open communication, and secure agreements that benefit all parties involved.

## Conflict Resolution & Negotiation Skills for Leaders

### Course Objectives:

Master the core principles of conflict resolution and negotiation in the context of leadership. Develop a deeper understanding of different conflict styles and their impact on negotiation dynamics.

Learn strategies for de-escalating tense situations and fostering a calm and respectful dialogue.

Master techniques for active listening, identifying underlying interests, and building rapport. Develop skills for collaborative problem-solving and crafting win-win solutions.

Explore best practices for effective communication and persuasive negotiation tactics.

Master techniques for managing your own emotions and effectively navigate challenging personalities.

Analyze real-world case studies to apply conflict resolution and negotiation skills in practical scenarios.

Formulate a personalized action plan to navigate disagreements constructively and achieve successful outcomes.



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## Course Methodology

This interactive program utilizes a participant-centered approach. It blends lectures from conflict resolution and negotiation experts with engaging workshops, real-world case studies, group discussions, role-playing simulations, and peer-to-peer learning opportunities. Participants actively engage in practicing different conflict resolution and negotiation techniques, facilitating conversations, and developing strategies to address challenging situations. Through experiential learning, participants gain the practical skills and theoretical knowledge needed to become effective negotiators and conflict resolvers, fostering a culture of collaboration and mutual respect within their teams and across the organization.

## Who Should Take This Course

Leaders and managers seeking to enhance their conflict resolution and negotiation skills.  
Professionals interested in developing their communication and interpersonal skills for more effective leadership.

Individuals seeking strategies for building strong partnerships and navigating collaborative projects.

Anyone interested in gaining the knowledge and tools to become a more effective leader who can find common ground and achieve successful outcomes in any situation.

## Conflict Resolution & Negotiation Skills for Leaders Course Outline:

### Day 1: Understanding Conflict & Negotiation: The Dynamics at Play



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Exploring Different Types of Conflict and Negotiation Styles

Understanding the Impact of Conflict and Negotiation on Leadership Effectiveness

Developing Skills for Identifying Underlying Interests and Goals in Disagreements

## Day 2: Building Bridges Through Communication: Active Listening and Rapport

Mastering Techniques for Active Listening and Effective Communication During Conflict

Recognizing Different Communication Styles and Their Influence on Negotiation

Developing Strategies for Building Rapport and Fostering a Collaborative Environment

## Day 3: Creative Problem-Solving and Win-Win Solutions

Mastering Techniques for Collaborative Problem-Solving and Finding Mutually Beneficial Outcomes

Exploring Strategies for Identifying Creative Solutions and Addressing Opposing Viewpoints

Developing Skills for Negotiating Effectively and Reaching Agreements

## Day 4: Managing Emotions and Difficult Personalities: Negotiation Strategies for Success

Exploring Techniques for Managing Your Own Emotions During Conflict and Negotiation

Understanding Different Personality Types and Their Impact on Negotiation Dynamics

Developing Strategies for Negotiating with Challenging Personalities and De-escalating Tensions



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## Day 5: Building a Culture of Collaboration: Putting Theory into Practice

Developing a Personalized Action Plan to Implement Effective Conflict Resolution and Negotiation Strategies Within Your Team

Exploring Techniques for Promoting Open Communication and Collaborative Problem-Solving

Reflecting on Learning and Identifying Opportunities for Continued Improvement in Conflict Resolution and Negotiation Skills

### Conclusion

By successfully completing this comprehensive program offered by Gentex Training Center, participants gain the knowledge and practical skills needed to become effective conflict resolvers and negotiators. They will be equipped to navigate disagreements constructively, facilitate open communication within their teams, and ultimately achieve successful outcomes that benefit everyone involved.

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