# AGILE CERTIFIED PRACTITIONER (ACP)



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# Introduction

Agile Certified Practitioner (ACP) prepares project professionals for the PMI Agile Certified Practitioner examination and for agile practice in real projects. This Training Course covers agile principles, frameworks, and the seven domains examined by the credential. Participants study the Agile Manifesto, Scrum, Kanban, XP, Lean, the Agile Practice Guide, servant leadership, and value delivery throughout the life cycle. Furthermore, the programme connects knowledge to application through domain labs, practice examinations, and scenario reviews. As a result, delegates leave ready for the exam and able to apply agile methods with confidence.

# Agile Certified Practitioner (ACP) Course Objectives

- Define agile principles, values, and the ACP examination structure.
- Apply the seven ACP domains to real project situations.
- Run Scrum events, artifacts, and roles with discipline.
- Design Kanban systems and manage flow with limits.
- Apply XP practices and lean thinking to delivery.
- Build stakeholder engagement and servant leadership behaviours.
- Plan value delivery across the project life cycle.
- Manage risk, quality, and change in adaptive environments.
- Analyse scenarios and select the best agile response.
- Apply exam technique and manage time under pressure.

# Course Methodology

- Interactive workshops mapping the ACP exam domains.
- Scrum and Kanban simulation with timed rounds.
- Scenario analysis and best-response exercises.

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- Practice examinations with review and explanation.
- Group discussion of value, risk, and leadership cases.
- Action planning that converts each session into a workplace commitment.

## Who Should Take This Course

- Project managers moving into agile delivery.
- Scrum Masters and agile team leads.
- Product owners and business analysts.
- Programme and portfolio managers.
- Team members in agile environments.
- PMO staff supporting agile projects.
- Professionals pursuing ACP certification.

## Agile Certified Practitioner (ACP) Course Outlines

## Day 1: Agile Principles, Mindset, and Exam Overview

- The Agile Manifesto values and twelve principles.
- Agile versus predictive and hybrid approaches.
- The PMI ACP examination structure and domains.
- Agile mindset, servant leadership, and team empowerment.
- Agile Practice Guide overview.
- Ethics and professional conduct in agile work.
- Building the study and application plan.

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## Day 2: Domain I and II  Agile Principles and Value Delivery

- Domain I: agile principles and mindset application.
- Domain II: delivering value in agile projects.
- Value, business case, and benefits realisation.
- Incremental and iterative delivery strategies.
- Product vision, roadmap, and release planning.
- Stakeholder identification and engagement.
- Practice questions on principles and value.

## Day 3: Domain III and IV  Stakeholder Engagement and Team Performance

- Domain III: stakeholder engagement in agile projects.
- Domain IV: team performance and empowerment.
- Team formation, development, and Tuckman stages.
- Coaching, mentoring, and conflict resolution.
- Distributed and virtual team practice.
- Emotional intelligence in agile leadership.
- Practice questions on teams and stakeholders.

## Day 4: Domain V and VI  Adaptive Planning and Problem Detection

- Domain V: adaptive planning across the life cycle.

- Domain VI: problem detection and resolution.
- Estimation, velocity, and release forecasting.
- Progressive elaboration and rolling wave planning.
- Risk identification, assessment, and response.
- Metrics, flow analysis, and root cause techniques.
- Practice questions on planning and problem solving.

## Day 5: Domain VII, Exam Technique, and Continuous Improvement

- Domain VII: continuous improvement and process optimisation.
- Retrospectives, Kaizen, and value stream mapping.
- Knowledge management and organisational learning.
- Exam strategy, question types, and time management.
- Full practice examination with review.
- Certification maintenance and professional development.
- Personal action plan and next steps.

## Conclusion

By successfully completing Agile Certified Practitioner (ACP), participants will have acquired a practical command of agile principles, frameworks, adaptive planning, team leadership, and problem detection. They will know how to choose and combine agile practices to fit real projects, engage stakeholders and empower teams, and analyse scenarios the way the credential requires. In addition, the course prepares delegates for the examination through structured practice and review. As a result, they return to work ready to apply agile practice and to pursue certification with confidence. Gentex Training Center delivers this Training Course with a practical, standards-based approach.

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# FAQs for the Agile Certified Practitioner (ACP) course

## Q1 What is the "Agile Certified Practitioner (ACP)" course about?

It is a five-day programme that prepares participants for the PMI Agile Certified Practitioner credential and for agile practice. It covers the Agile Manifesto, Scrum, Kanban, XP and Lean, the seven ACP domains, adaptive planning, stakeholder engagement, team performance, problem detection, and continuous improvement.

## Q2 What are the key benefits of the "Agile Certified Practitioner (ACP)" course?

Participants gain a structured command of agile knowledge mapped to the exam domains and the ability to apply it to real projects rather than theory alone. They also learn to analyse scenario questions with confidence, which improves exam performance and day-to-day decision making in agile teams.

## Q3 What skills will I gain from the "Agile Certified Practitioner (ACP)" course?

Agile principles and framework application across Scrum, Kanban, XP, and Lean, value delivery planning with product vision, roadmaps, release planning, and benefits realisation, stakeholder engagement and team leadership with servant leadership, coaching, and conflict resolution, and adaptive planning and problem detection with estimation, velocity, risk management, flow analysis, and root cause techniques.

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## Q4 What tools, methods, or standards are covered in the "Agile Certified Practitioner (ACP)" course?

The course covers the Agile Manifesto values and twelve principles, agile versus predictive and hybrid approach comparison, the PMI ACP examination structure across its seven domains, agile mindset, servant leadership and team empowerment, the Agile Practice Guide, ethics and professional conduct in agile work, Domain I agile principles and mindset application, Domain II value delivery including value, business case and benefits realisation, incremental and iterative delivery strategies, product vision, roadmap and release planning, stakeholder identification and engagement, Domain III stakeholder engagement, Domain IV team performance and empowerment, team formation, development and Tuckman stages, coaching, mentoring and conflict resolution, distributed and virtual team practice, emotional intelligence in agile leadership, Domain V adaptive planning across the life cycle, progressive elaboration and rolling wave planning, estimation, velocity and release forecasting, Domain VI problem detection and resolution, risk identification, assessment and response, metrics, flow analysis and root cause techniques, Domain VII continuous improvement and process optimisation, retrospectives, Kaizen and value stream mapping, knowledge management and organisational learning, exam strategy, question types and time management, and certification maintenance and professional development requirements.

## Q5 How is the "Agile Certified Practitioner (ACP)" course applied in real-world practice?

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Delegates apply it through agile project charters, product visions, roadmaps, release plans, sprint and iteration plans, Kanban boards, velocity and burndown charts, stakeholder engagement plans, team charters, retrospective logs, value stream maps, risk registers, metrics dashboards, improvement backlogs, benefits realisation reports, exam study plans, and practice test reviews. They also use it to lead agile teams and to advise leadership on choosing between agile, predictive, and hybrid approaches.